

**SENIOR HIGH Winter Sports
First Day Practice Schedule – FRIDAY, NOVEMBER 16TH**

<u>SH CHEER</u>	4:00pm – 6:00pm	Old Gym
<u>SH BOYS BASKETBALL</u>	6:00pm – 8:00pm	New Gym
<u>SH GIRLS BASKETBALL</u>	4:00pm – 6:00pm	New Gym
<u>SH WRESTLING</u>	3:00pm – 5:00pm	Wrestling Room
<u>BOWLING</u>	3:00pm – 5:00pm*	Berks Lanes
	*Bus Departs from Flagpole at 2:40pm; Return to Flagpole approximately 5:30pm	
<u>SWIMMING</u>	3:00pm – 5:00pm**	Reading YMCA
	**Bus Departs from Flagpole at 2:55pm; Return to Flagpole approximately 5:30pm	
<u>INDOOR TRACK</u>	Meet in Coach Allen’s Room 401 at 3:00pm	

**JUNIOR HIGH Winter Sports
First Day Practice Schedule – TUESDAY, NOVEMBER 27TH**

JH BOYS BASKETBALL (Try-Outs)	3:15pm – 5:00pm Bus will depart from Evans Ave at 3:05pm; Parent Pick up at WREC approximately 5:00pm)	WREC Gym
JH GIRLS BASKETBALL	3:00pm – 5:00pm	Old Gym
JH WRESTLING	3:00pm – 5:00pm*** ***Come out and Try It Open Room November 15 th @ 2:30pm in the JH Wrestling Room	JH Wrestling Room

All JH Athletes who choose to stay at school before practice should use the Old Gym locker rooms to change into practice clothing and then proceed to the Athletic Study Hall in the cafeteria. The Old Gym will be locked at 2:30 so athletes must get in there and get changed quickly. Athletes must be signed into the Athletic Study Hall no later than 2:30. Athletes will be dismissed from Study Hall at 2:55 and can then go to their practice locations or Bus Departure locations. Any JH athlete who is not signed in at the Athletic Study Hall or with a teacher must leave school grounds by 2:25 and should not return until their assigned practice time.

**ALL ATHLETES MUST BE CLEARED THROUGH THE ATHLETIC OFFICE AT LEAST 3 DAYS PRIOR TO THE
FIRST PRACTICE**